Read in 3 Minutes. Take Notes.

Television has influenced society in many ways since its invention in the early 1900s, and now new studies are showing that educational television shows have a positive effect on children's development. There are several reasons why this is true.

First, watching a few hours of educational programming a week has been proven to boost children's test scores. Researchers found that in a group of 200 preschool-age children, those who watched educational programs had higher reading, vocabulary, and math scores than those who did not. Another study showed that educational programs assist in language acquisition by helping infants and toddlers develop speech more quickly.

Furthermore, watching educational television programs together can be an important bonding activity for families. Current studies continue to demonstrate the importance of family bonding time in creating emotionally healthy and well-adjusted children. Family bonding is linked to higher rates of academic success. In addition, research shows that it also promotes increased physical health, as well as a healthy ability to relate to others.

Finally, there are a wide variety of excellent educational programs available, and the quality of these programs is closely monitored. Governments in several countries have passed laws and regulations to ensure that educational programming meets certain standards of excellence. The regulations *set* by these laws are enforced, and program producers must adhere to them. Therefore, it's guaranteed that children are exposed to only the highest quality of television programming.

Source: Collins